

**Editorial****Foreword to the *Food Nutrition Chemistry***

Libing Liu

*Department of Nutrition and Health, China Agricultural University, Beijing 100083, China; liulibing@cau.edu.cn*

Food is the foundation for human survival and healthy development. People need to eat every day and obtain essential nutrients from food in order to promote body growth and development through biochemical processes, such as digestion, absorption and metabolism. With the increasing concern about health and nutrition, people gradually realize that the nutrients contained in food are critical to physical functions and overall well-being. To formulate a proper diet plan, prevent diseases and keep good health, it is critical for us to have a thorough understanding of the nutritional ingredients, functions and chemical interactions of food. *Food Nutrition Chemistry* is a journal of a comprehensive interdisciplinary science, focusing on nutrients contained in food and their impact on human life and health.

As one of the few journals in the field of food nutrition chemistry, *Food Nutrition Chemistry* focuses on various subject areas related to food nutritional chemistry. And it will publish various types of articles, such as original research articles, review articles, expert commentaries and practical guidelines, covering all aspects in the field of life and health. Overall, the journal aims to provide readers with the latest research findings, innovative research directions, prospective academic perspectives and practical application knowledge in the field of food nutrition chemistry.

*Food Nutrition Chemistry* hopes to provide a broad and open academic exchange platform for researchers in the field of food nutrition chemistry and health, jointly exploring the close connection between food and health. And it also remains committed to promoting cross-disciplinary innovation and development in the fields of food, nutrition and chemistry. We sincerely invite distinguished scholars and experts both at home and abroad to participate in the submissions to this journal and advance the progress and development in this field by sharing research results, experiences and insights. And we encourage diverse research methods and cross-disciplinary cooperation to address challenges facing the field of food nutrition today and also to provide comprehensive and profound views for readers.

In this era full of opportunities and challenges, a new academic journal will inevitably suffer difficulties in its initial stage. Therefore, I hope we can maintain our original intention and work together with the joint efforts of all editorial members, readers, authors and colleagues in related fields of food nutrition and chemistry. Upholding the principle of establishing a first-class academic journal and publishing pioneering scientific research, *Food Nutrition Chemistry* will develop into a superior journal and actively promote cutting-edge research and academic exchanges in the field of food nutrition and chemistry.